Name:

Address:

Phone Number:

Email Address:

Birthdate:

RRRC member: yes / no

Do you use Facebook on a regular or semi-regular basis: yes / no

Do you use Instagram on a regular or semi-regular basis: yes / no

Race results from the past 2 years (Please focus on local races that you have participated in AND races where you have run your best times):

Running & racing goals for 2018 & beyond:

Other running related information about yourself (training groups or programs you have been a part of, coaching experience, a funny story about yourself, etc.):